

## The Polyclinic Plastic & Reconstructive Surgery Center

### **BREAST RECONSTRUCTION SUPPORT GROUP**

***A monthly psycho-educational support group for women considering breast reconstructive surgery***

The group is co-facilitated by a plastic surgery nurse and an oncology social worker. Women who attend the group will:

- Learn about the surgical options
- Learn what questions to ask the plastic surgeon
- Get tips on how to prepare for surgery
- Get an overview of what to expect post-surgery
- Have an opportunity to express emotions related to the cancer diagnosis and the feelings that you have as you consider surgery
- Meet with women who have completed surgery and who will show you their results

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